



PRESS RELEASE

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VERMONT FEDERAL CREDIT UNION COLLECTS DONATIONS FOR THE CHITTENDEN EMERGENCY FOOD SHELF THROUGH THE ANNUAL FEED YOUR NEIGHBOR EVENT

Burlington, VT – On Saturday, November 18th, Vermont Federal Credit Union was the presenting sponsor of the Feed Your Neighbor Food Drive to benefit the Chittenden Emergency Food Shelf.

Vermont Federal Credit Union joined radio stations 99.9 The Buzz and 106.7 WIZN at Costco in Colchester to support the Feed Your Neighbor Food Drive for the 10th consecutive year. Credit Union staff spent the day collecting non-perishable food items as well as cash donations to benefit the Chittenden Emergency Food Shelf. Staff volunteers provided suggested items to donate and those who contributed received reusable Vermont Federal tote bags as a thank you.

This year's food drive raised 5,130 pounds of food and \$610 in cash, equating to 1,830 additional pounds of food for a total of 6,960 pounds donated. This is an increase of over 650 pounds from the previous year's event.

Vermont Federal is a \$500 million-plus financial institution, with six locations currently serving over 36,000 members. Members are part of a cooperative, meaning they share ownership in the Credit Union and elect a volunteer board of directors. Vermont Federal Credit Union provides membership to anyone who lives, works, worships or attends school in Chittenden, Grand Isle, Lamoille, Franklin, Washington, or Addison Counties in Vermont. Vermont Federal Credit Union is committed to providing support to the communities it serves and to make a decided difference in the lives of its members and other Vermonters. For more information about Vermont Federal Credit Union, call (888) 252-0202, visit www.vermontfederal.org, or find us on Facebook.



Feed Your Neighbor Food Drive
Donate today!

VERMONT FEDERAL CREDIT UNION Buzz WIZN VERMONT FEDERAL CREDIT UNION

CHITTENDEN EMERGENCY
FOOD SHELF
feeding people, cultivating opportunities
www.feedingchittenden.org

Buzz WIZN
FEED YOUR NEIGHBOR FOOD DRIVE
TODAY 'TIL 3PM
FOOD SHELF
While shopping, please consider donating healthy non-perishables including:

- WHOLE GRAINS:**
 - Brown Rice, Quinoa
 - Whole Wheat Pasta
 - Whole Grain Cereal
- VEGETABLES:**
 - Canned or Frozen
 - Potato Starch
 - Soup (No Salt Added, Low or Reduced Sodium)
- LEAN PROTEINS:**
 - Peanut Butter
 - Canned Chicken in water
 - Canned Tuna in water
 - Beans, peas or lentils
 - Nuts, no salt added
- FOODS TO AVOID:**
 - Soda, candy, chips, desserts, salty snacks, high fat instant noodle

Presented By: VERMONT FEDERAL
Hosted By: COSTCO WHOLESALE

Buzz WIZN
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